



## TALKING WITH YOUR WOMENS HEALTHCARE SPECIALIST ABOUT ENDOMETRIOSIS

MyReceptiva™ Endometriosis Detection Test

### **KNOWING IN ADVANCE:**

Most women's healthcare providers are not endometriosis specialists, but they can help you obtain a sample for the MyReceptiva™ Test. Depending on your results, they can also be a great resource to refer to an endometriosis specialist in your area for additional follow-up.

Endometriosis impacts women differently. Some women experience extreme pain and have physical symptoms that impact their lifestyle or ability to focus on work or other daily activities. Women with fertility issues often suffer from silent endometriosis and lack the typical hallmark symptoms of endometriosis. In fact, their only symptom is their infertility. Silent endometriosis is one of the leading causes of unexplained infertility and recurrent miscarriage. With that in mind, use the information below to explain to your doctor why you believe you might be experiencing endometriosis and why you are interested in MyReceptiva™ testing.

### **WHEN SUSPECTING ENDOMETRIOSIS (UNDIAGNOSED ABDOMINAL/PELVIC PAIN)**

If you are experiencing undiagnosed pelvic or abdominal pain as your monthly period approaches, these are hallmark symptoms of endometriosis. Refer to the checklist on the back of this form to discuss with your provider. Endometriosis currently takes 7-10 years on average to achieve a diagnosis. Explain that you would like to “rule in” or “rule out” the possibility of endometriosis with the MyReceptiva™ Detection test. The test will detect over 90% of all endometriosis cases. With a less than 4% false positive rate, MyReceptiva™ results allow your provider to refer you with confidence to an endometriosis specialist for treatment (including laparoscopy). If continuing in your care, the results allow your provider to better understand how to proceed with medications that can alleviate symptoms.

### **WOMEN EXPERIENCING UNEXPLAINED INFERTILITY AND/OR RECURRENT PREGNANCY LOSS**

Silent endometriosis is one of the leading causes of unexplained infertility and recurrent pregnancy loss in the absence of genetic abnormalities or other common male or female fertility factors. Women testing positive for the MyReceptiva™ test are 5x less likely to conceive than women testing negative. Explain to your doctor that you would like to rule out uterine inflammation caused by silent endometriosis. MyReceptiva is recommended for women under 35 that have been unable to conceive after 12 months of trying or six months of trying if 35 and over. The test is also useful for women experiencing first trimester pregnancy losses where genetic abnormalities could not be found. For women considering IVF as a next step, the MyReceptiva test can help uncover issues before proceeding with expensive advanced fertility services.

## CHECKLIST WHEN DISCUSSING THE NEED FOR MyReceptiva™ TESTING WITH YOUR PROVIDER

### WOMEN WITH UNDIAGNOSED PELVIC OR ABDOMINAL PAIN

As monthly period approaches  
I experience the following:

- Extreme pelvic pain ( )
- Extreme abdominal pain ( )
- Painful urination ( )
- Waking up at night frequently to urinate ( )
- Painful bowel movements ( )
- Painful intercourse ( )
- Unable at times to go about  
Daily activities ( )
- Family history of endometriosis ( )

Other:  
\_\_\_\_\_

### WOMEN WITH UNEXPLAINED INFERTILITY OR RECURRENT PREGNANCY LOSS

I have the following unexplained infertility issues or  
needs for testing:

- Unexplained infertility ( $\leq 34$  yrs of age) ( )
- Unexplained infertility ( $\geq 35$  yrs of age) ( )
- Unexplained pregnancy loss ( )
- Screening prior to IVF referral ( )
- Screening prior to IUI attempt ( )
- Screening as surrogate candidate ( )
- Previous diagnosis of endometriosis ( )
- Family history of endometriosis ( )

Other:  
\_\_\_\_\_

MyReceptiva™ Testing is offered by Cicero Diagnostics as a fee for service test and is based on an endometrial biopsy collected in a natural cycle 7-10 days after ovulation.

Cicero Diagnostics currently services over 450 fertility centers in the US and in over 20 other countries around the world. Over 40k samples analyzed since 2017.

As of 2024, over 20 clinical papers have been published citing the clinical utility of BCL6 (the primary marker of MyReceptiva™ testing) as a useful tool in the detection of uterine inflammation most often associated with endometriosis. Published data also demonstrates the impact that endometriosis has on unexplained infertility and recurrent pregnancy loss.

#### Further Resources:

Visit us at [www.myreceptiva.com](http://www.myreceptiva.com) or call 800-xxx-xxxx to speak with a MyReceptiva™ Representative.

#### Download the MyReceptiva™ App:

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Cicero Diagnostics, Inc.  
2538 Anthem Village Drive, Suite 105  
Henderson, NV 89052  
800-795-5385

Exclusive provider of ReceptivaDx™  
and MyReceptiva™ Tests

